



**THE INTERNATIONAL
SIVANANDA YOGA VEDANTA CENTRE
HEADQUARTERS
SIVANANDA ASHRAM YOGA CAMP
8TH AVE., VAL MORIN, QUEBEC J0T 2R0, CANADA
FOUNDER : SWAMI VISHNU DEVANANDA**

EVOLUTION OF THE CHAKRA SYSTEM

Yoga for the Lattice

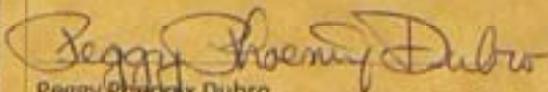
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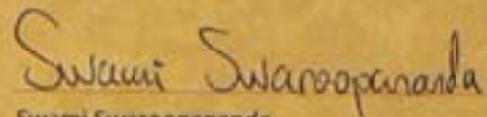
Helena Froehlich

has completed a 4-day training course to
learn the Universal Calibration Lattice® (UCL) and
the link between human energy anatomy and yoga

We make this award in token of such recognition
with a prayer to the almighty to bless the recipient hereof
with health, long life, peace, prosperity and spiritual enlightenment.

Issued at Nassau, Bahamas
Monday, March 28, 2011


Peggy Phoenix Dubro


Swami Swaroopananda
Member, Executive Board



Diploma No: 1